

# Nordic Walking

... for health & fitness professionals



**Become a qualified Nordic Walking Instructor. Nordic Academy will be running a training course in Perth in May 2010.**

Be part of this exploding global trend and help your clients to improve their quality of life by introducing them to Nordic Walking. At the same time you add value to your business by offering Nordic Walking classes to existing and new clients.

***The Nordic Walking Instructor Course is tailored for health & fitness professionals who wish to provide their patients / clients with an enjoyable outdoor exercise.***

## Course Package includes:

- 1.5 day Instructor Course with internationally experienced Master Trainers
- Nationally accredited and internationally recognised qualification
- Course manual & certificate
- 2 year instructor membership and website listing
- Nordic Walking Poles (rrp \$169)
- 80 min interactive DVD resource (rrp \$47.95)
- 11 CEP's for AAESS, 12 PDP's for APA members, 12 CEC's for Fitness Australia, 3 PDP's for Kinect members.
- Personal video tape analysis
- Business Workshop
- Morning & afternoon tea

Course Cost     \$470

For more information call Nordic Academy Australia on toll free **1300 791 740**. To register visit [www.nordicacademy.com.au](http://www.nordicacademy.com.au).

## Course Dates

**Perth, 15 & 16 May**

**Venue TBA**

For more course dates visit [www.nordicacademy.com.au](http://www.nordicacademy.com.au)

*"Apart from the obvious physical fitness benefits Nordic Walking is great for the mind and soul ..."*

**James, Red Hill South**

*"The training was great fun. I loved the video analysis which helped to show our developing prowess ..."*

**Tamara, Sydney**

## About Nordic Academy

Nordic Academy was founded so that the benefits and enjoyment of Nordic walking could be shared with others.

It has since grown to become the leading provider of quality Nordic Walking training, services and equipment in Australia and South East Asia.



**nordic academy**

my training • my success

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